

## Wisconsin Express Syllabus

**WI AHEC Regional Center:** Statewide

### Program Dates

Date	Location
Winter Break: January 10 - 13, 2021	Statewide (virtual)
Spring Break I: March 14-19, 2021	Hayward, La Crosse
Spring Break II: March 21-25, 2021	Eau Claire
Summer Break I: May 23-28, 2021	Ashland, Green Bay, Keshena, Lac du Flambeau, Lancaster, Madison, Marshfield, Milwaukee, Sheboygan, Superior
Summer Break II: late August, 2021 (exact dates TBD)	Beloit

**Estimated Hours:** 40 (plus) hours; if virtual 20 hours

**Location:** Residential & Virtual

**Program Delivery:** Experiential/Field-based with didactic component

### Program Description

A one-week cultural immersion experience designed to give health professions students an opportunity to study firsthand the diverse local and regional healthcare innovations and challenges in Wisconsin communities. Multidisciplinary groups of 6-12 students explore the region's cultural diversity and healthcare, developing strategies for intercultural and interprofessional effectiveness in healthcare practice. Throughout the week, participants have opportunities to reflect on and evaluate their experiences.

### Learner Profile

High School	Collegiate			Workforce
Grade 9 - 12	Freshman or Sophomore, any degree program	Junior, Senior, or Graduate level, any degree program	Any level, enrolled in health profession degree program	Practicing Health professional
	X	X	X	

### Program Core Topic Areas

This program supports the following Core Topic Areas:

- **Interprofessional Education** Supports a coordinated, patient-centered model of health care that involves an understanding of the contributions of multiple health care professionals (also known as interdisciplinary training).
- **Social Determinants of Health** Includes the five key areas (determinants) of economic stability, education, social and community context, health and health care, and neighborhood and built environment, and their impact on health.
- **Cultural Competency** Seeks to improve individual health and build healthy communities by training health care providers to recognize and address the unique culture, language and health literacy of diverse consumers and communities.

### Program Learning Objectives

After participation in this program, learners will be able to:

- have an appreciation for the unique cultures and diversity of the region
- build regional healthcare connections
- engage in interprofessional teamwork with community leaders and fellow learners
- learn about specific health issues, both locally and globally, as well as the root causes of these conditions
- understand how social inequalities limit access to receiving health care
- recognize the role that healthcare workers and organizations play in reducing health disparities and the methods being taken to address this
- have an improved ability to communicate with academic, community, healthcare, and public health professionals about programs and services addressing health issues in the region

### Program Overview

Topics	Curricular Resources	Learner Activities
Introduction to AHEC, the community & culture	Intro to AHEC video; systems thinking video	Q&A, introductions, program expectations
Social determinants of health	Social Determinants of Health What makes us get sick? Look upstream   Rishi Manchanda Resource Collection - Teaching Pack: Social Determinants of Health	Reading and viewing of videos, participating in group activities, personal reflections



	(In Sickness and in Wealth video?)  Combo of readings/videos covering core topic area	
Interprofessional Education	IPEC Core Competencies  National Center for Interprofessional Practice and Education	Create a NEXUS account to examine current IP evidence and practices, review IPE resources, participate in group activities, personal reflection
Cultural Competency - Community-specific populations and topics	Community and population-specific resources that relate to bias and social determinants of health	Touring facilities, engaging with community leaders and health professionals, participating in group activities, personal reflection
Program Evaluation	N/A	Evaluation survey