AHEC Activities in the 3rd Congressional District
Recruitment, training, and retention of the health care workforce,
leading to healthier people and prospering communities

The Wisconsin AHEC system improves the supply, distribution, diversity, and quality of health care professionals — improving access to health care in the state’s rural and underserved areas.

FEATURED PROGRAM:
Whitehall School District Health Career Academy
Scenic Rivers AHEC has provided funding to augment this program.

Beginning with the 2010-2011 school year, Whitehall’s Health Career Academy program welcomed 9th grade students seeking a challenging curriculum designed to prepare them for entry into health professions. Long term, it is anticipated that many of these students may choose to work in rural Wisconsin.

Health Career Academy students participate in an array of educational opportunities:
- Academy students are matched with community health professionals who provide mentorship and job shadow experiences.
- Two additional high school science courses are being offered: Biochemistry, and Introduction to Human Diseases.
- Field trips give these students a broad scope and understanding of the available careers in the medical arena.
- Membership in the national leadership organization, Health Occupations Students of America (HOSA); students actively participate in HOSA programming.

ADDITIONAL AHEC PROGRAMS IN THIS CONGRESSIONAL DISTRICT:

High School Programming. Works directly with newly created health careers exploration programs at Viroqua High School by purchasing textbooks and facilitating local healthcare experiences. Field experiences for the La Crosse Health Science Academy are financed and facilitated by Scenic Rivers AHEC. Direction and financial support for summer health careers camps in two sites (La Crosse and Fennimore) continues for the 10th year.

Rural Student Nursing Experiences. Viterbo University and Winona State University’s Schools of Nursing participate in a one-day experience on rural healthcare resources, challenges and opportunities during their public health rotation. This year, 141 senior students and 4 faculty were educated. Regional health care institutions and Community Action Agencies support these days.

Health Professions Student Projects. Aligns community needs with student-developed and led projects. Examples from this year include Health Literacy, Oral Health, and Public Health Careers Exploration. Future alignment of community projects with 3rd year medical clerkships and the newly created WI Center for Public Health Education and Training will enhance student training.

Nursing Conversations 2011. Sponsored 3 nursing symposiums for area nursing faculty to discuss curriculum adaptations, nurse residency programs, and ADN to BSN transitions all related to the recent “Future of Nursing Report” by the Institute of Medicine.

AmeriCorps. Supports an AmeriCorps member to address community health education outreach in the region. This program is part of WI HealthCorps.

PARTICIPANT COMMENTS

“Due to this day, I am now considering rural hospitals when it was not even an option in my head before.” - Viterbo nursing student

“My internship with AHEC has reaffirmed my desire to become a public health nurse and live in a rural, underserved community.” - Sara (AHEC intern)

“I am extremely grateful for the opportunity to participate in this internship. It helped me develop as an individual as well as solidify my aspiration to work in the public health field.” - Laura (AHEC intern)

“This camp not only taught me about different health careers but also it gave me a different look at things. I’ve met so many wonderful people that are all interested in pursuing in the same field. Everything from this camp will be very much used in my future. Anybody that wants to go into the medical field should apply for this camp. It was an amazing experience and couldn’t have been any better.” - 2010 AHEC Camper